INVITATION

FSG 4TH Annual Nutrition Fair

30-31 July 2014

Msinga, KwaZulu-Natal

In 2011, FSG established a farmer-led Nutrition Fair as a way of encouraging the groups in Msinga to learn and reflect on their accomplishments annually. The fair not only brings together farmers to share and exchange ideas, but they also showcase and market their produce, and to be linked to relevant stakeholders. It also provides a platform for farmer-farmer exchange within and between districts; local women are dressed in their traditional attire and perform local entertainment during fair.

In this regard FSG will host the 4th annual nutrition fair in Msinga titled: “Siqambisa Imvelaphi yethu” (Embracing your roots), on the 30-31 July 2014. The two day event will be centred on farmers’ indigenous knowledge techniques in terms of planting and seed saving. In addition, the event will deal with crosscutting issues related to nutritious food production. Day one will allow visitors to visit three local community groups and be hosted within the community, whereby they will be split into groups and be tasked to prepare a “nutritious plate” for the next day’s event. Day two groups will bring their prepared plates to be judged and then followed by general recap of the previous day field visits. This will be followed by splitting into groups for plenary discussions centred on land and food policies. The event seeks to allow smallholder farmers to understand the importance of nutrition and food security, but at the same time articulate their concerns to influence policy.

Please RSVP to Bukelwa Groom at bukelwag@ukzn.ac.za or tel 033 2606275 soonest, particularly if you require overnight accommodation. You are expected to cover your own costs for travel and accommodation.